



Diabetes Dietitian Study Day

April 20 2010, Kingsgate Hotel, Hamilton



7.30am – 8am	Breakfast
8am – 9am	AGM Dietitian SIG
9am – 9.15am	Coffee & Registration
9.15am – 9.30am	Welcome
9.30am – 10.30am	INVITED SPEAKER Joint session with DNS Mark Leydon – <i>Peak performance: Type 1 diabetes and the elite athlete</i>
10.30am – 10.45am	Coffee break
10.45am - 11.30am	INVITED SPEAKER - Rena Fausett A practical look at the pros and cons of sports nutrition products –
11.30am – 12.15pm	INVITED SPEAKER - Ingrid Perols Adapting current sports nutrition guidelines to suit athletes with type 1 and 2 diabetes –
12.15pm - 1pm	Lunch
1pm – 2pm	INVITED SPEAKER - Madeline Price Nutritional Management of Kidney Disease and Diabetes
2pm – 3pm	Dietitian workshops (2 x 30min)
3pm – 3.15pm	Afternoon tea
3.15pm - 4.30pm	DEBATE <i>Should other dietary strategies (Mediterranean diet, Low GI or low CHO) be used for type 2 diabetes?</i> Team 1: <i>Mediterranean diet – Amy Liu, Nadia Lim, Debbie Hutchings</i> Team 2: <i>Low Glycaemic Index – Marilyn Cullens, Alison Roberts, Madeleine Price</i> Team 3: <i>Low CHO – Gemma Stott, Mary Kinsella, Jenna Ballam</i>
4.30pm	Wine and cheese with the DNS, PODS and REGS